

## ***Renosterberg Project 2015-2017***

### **FASD AWARENESS AND PREVENTION PROJECT**

FARR has been approached to launch a FASD prevention and awareness project in the Renosterberg area. Ethical approval for both the prevention programme and a FASD prevalence study was obtained from the University of Stellenbosch. The project is funded by Scatec, a renewable energy project in the area.

The Renosterberg project is focused on three towns in the area: Philipstown, Petrusville and Van der Kloof. A comprehensive FASD prevalence study will be conducted in selected primary schools in the area. Upon conclusion of the prevalence study the Healthy Mother Healthy Baby© Programme will be rolled out in local clinics in the area.

As per FARR's intervention model the programme consists of the following components, involving the entire community:

- Comprehensive FASD prevalence study
- Awareness on universal, selective and directed levels, involving the community at large, all possible stakeholders and service providers as well as the at risk individuals;
- Training of service providers, educators, health workers, social workers, therapists, etc.
- The implementation of the evidence based Healthy Mother Healthy Baby© Programme as a focused intervention to assist pregnant women to have a healthy, substance and alcohol-free pregnancy to ensure the birth of FASD-free babies.
- Assessment of all the babies born to the mothers who participated in the Healthy Mother Healthy Baby© Programme.

All of the above-mentioned result in the rendering of a comprehensive FASD Prevention Programme with the goal to decrease the FASD Prevalence Rate in this high-risk community.