



## Make a difference! Christmas in a shoebox

FARR is committed to building positive futures in De Aar and would like to encourage our clients on their way to a positive future by giving each a Christmas gift. Please help FARR make Christmas a special time for our clients and to show them that others care.

FARR would like to give Christmas boxes in the following categories:

1. Pregnant women / Mother with Baby
2. Children aged 3—17 years

In order to give each client a similar gift, FARR would like to give the following guidelines. You can make a difference in the following way:

1. **Get a Name:** Decide how many clients you would like to surprise and chose a name from the above mentioned categories. Contact Lian-Marie at [Ld@farrsa.org.za](mailto:Ld@farrsa.org.za) or 082 716 1410, for the necessary details of the client.
2. **Make up the gift:** FARR would like to give gifts of more or less the same size and contents. Please use a medium size shoebox and pack one item from each of the following to fill the Christmas gift:
  - 2.1. An age appropriate toy for the child / new born if you chose to give to a pregnant lady e.g.: a tennis ball / small plastic ball; yo-yo; doll; toy car; finger puppet; building blocks; a rattle; rings on a stick; nesting cups
  - 2.2. Something to do (educational): 'n Coloring book; Note book; Picture book; Puzzle; Pencils, Sharpener; Eraser; Crayons; pencil case; stickers or play dough etc.
  - 2.3. Self Care Item: Please include the following in each gift: Toothbrush and - paste; soap and face cloth. If you still have space you can include deodorant, shampoo; body lotion; make up or hair pins etc.
  - 2.4. Clothes: Add something like a T-shirt, pair of shorts, pajamas; scarf; hat/cap; socks / shoes
3. **Decorate your gift:** Now for the fun part. Wrap the gift, ask your children to draw something on it or use colorful paper. **Please do not forget to write the name of the client in the top right hand corner.**
4. **Deliver the gift:** Please bring your gift to the Joan Wertheim Centre: 6 Wentworth Street; Sunrise; De Aar / Amber Place, 42 Bloemhof Street, Bellville Cape Town or give it to Lian-Marie, in De Aar. Please ensure that your gift reaches us before 30 November, before you go on leave. Our Christmas parties will be on 23 & 24 December.

**May you enjoy the gift of giving this Christmas!**



